



The new must-have for any career comeback: your own reality TV show

## The one... TV SHOW

### #1 SINGLE E! CHANNEL, FOXTEL

**What it's about:** Following the recent break-up of her six-year relationship, '90s songstress Lisa Loeb embarks on a quirky quest to find love and happiness in New York City.

**Why watch it:** We're suckers for any single in the city-type reality show, but when it follows the life of a former celeb, it makes for compulsive viewing.

## The one... ALBUM

### STADIUM ARCADIUM BY RED HOT CHILI PEPPERS

**Who they are:** The super group from California have done

it again with their ninth album, an epic 28-track double CD.

**How they sound:** *Stadium Arcadium* sees a welcome return to the boys' funk-driven roots. It's a catchy culmination of their evolving sound.

**Why listen to it:** 'It's the best record we've ever made' says Flea. 'If you don't like this, you don't like the Red Hot Chili Peppers.'

**In stores now**



## The one... GUILTY PLEASURE SMITTEN

For the domestic goddess who has it all, *Smitten* kitchen couture is our most fabulous find since the V-Slicer. OK, so animal print may seem a little OTT for culinary get-up, but with aprons and mitts this cute, who cares? Get kitted out at [www.smitten.com.au](http://www.smitten.com.au).

## The one... DVD

### SHOP GIRL

**What it's about:**

Steve Martin's adaption of his novella by the same name

is based on the romantic life of Mirabelle (Claire Danes), an apathetic shop assistant. Mirabelle's dull existence grows decidedly more interesting when she falls for Ray (Steve Martin), a wealthy divorcee, just as Jeremy (Jason Schwartzman), an aspiring musician, takes a shine to her.

**Why rent it:** Martin's witty writing paired with a standout cast makes this look at love and life (without the soppy ending) an entertaining affair. **NW**



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